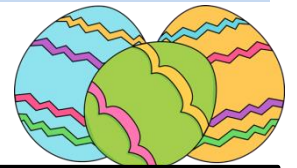


Easter Opening Hours

During this Easter period, the shed will be **closed** on **Good Friday** as well as **Easter Saturday**. The shed will then open again on the 10th of April for Easter Monday. Take a well-deserved break and enjoy your holidays!



Shed Donations

A reminder to all shedders that donations to the shed are property of the shed and if you would like any of the items donated, they need to be approved and purchased. Acquiring the items we receive needs to be discussed with Maurie, a member of the Committee of Management, Daniel or the Boss Cockey in charge on the day. This is to ensure fairness between all the sheds members, as well as the longevity of the shed as we rely on these donations to be able to function. If you would like to discuss this, please contact Daniel in the office.

Shed Dinner Group

On Tuesday the 2nd of May the shed will be having their second meeting of our dinner group at the Waverley RSL. After the resounding success of our first meeting with over 14 in attendance, it was decided that the meetings will be held every 2 months. Bring along your partners and introduce them to your mates! Enjoy a night of great food, great drink and great company. Spaces are already filling quickly so be sure to **RSVP via Daniel by Tuesday the 24th of April.**



Committee Minutes



A reminder that that when the Committee Minutes from the Committee of Manage Meetings are put in a folder near the sign in desk for all shedders to view at their leisure. If you would like a copy to be printed off for you, please let Daniel know in the office.

Electronics Presentation – Crystal Set

On Wednesday the 5th of April at 11AM, one of our electronics experts Clive Alan will be holding a talk on how to make Crystal set. A very simple project that will bring back a lot of fond memories, come on down and maybe see if you can tune in to some AM stations!



MMS Health Events

Did you know that roughly 5% of the population of Australia makes use of aged care?

Did you know that more than 300 Australians develop diabetes every day? That's one person every five minutes

Did you know that 24% of men are less likely to go to a doctor because they are embarrassed to discuss their health issues?

These are just some of the health concerns currently facing Australians and because of this:

It is time to take your health seriously.

Our shed has strong relationships with other health organisations like ourselves to assist with reducing these widespread health issues where we can. We do this by each month holding a

health event for our members and members of the wider Community. Each event is about a different, equally important aspect of living a long and healthy life. Guest speakers who are a professional in their specific field provide talks where aspects of health can be discussed and improved. The shed members who attend these events have taken a lot from these talks and have used the information to improve their health and the health of their friends and family.

The events also are a social occasion as shedders are encouraged to invite friends and family. Before each event there is an affordable tasty lunch available for \$2 provided by our talented cooking team.

This service that the Monash Mens Shed provides not only attracts a lot of attention to the shed but also inspires new members to join. So if you aren't coming to these already, **you're missing out!**

UPCOMING HEALTH EVENTS:

Wednesday April 19 th	Transition to Aged Care	Bolton Clarke/Allity
Wednesday May 17 th	TBC	TBC
Wednesday June 21 st	Diabetes	Bolton Clarke

We look forward to seeing you there on April 19th for an informative talk on the transition to aged care and a shed prepared lunch.

We need Tow Bars!



Does your car have a tow bar? Do you have the ability to back a trailer? If so, we need your help! The donations collections team has recently been overwhelmed by the kindness of the people of Monash and don't have the ability to pick up the quality items that are sent our way. Contact Maurie or Daniel to help provide the shed with more tools to use and more interesting projects to work on.

Shed Walking Group!

Work up an appetite for the shed lunches with a shed walk on a Wednesday! Join the shed walking group as we explore the areas walking tracks and landmarks. Join its first meeting on Wednesday the 5th April at 10am as we stroll to **Bunker Lake** a hidden gem close to Holmesglen Tafe.



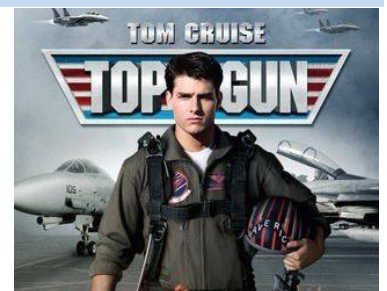
Shed Bucket Hats!



Friend of the shed Craig Gardner and his company have been working hard doing advertising and brand work for the shed, a considerable amount of it pro bono. Recently we have received a new batch of **MMS bucket hats!** All shedders are **allowed one each**, so if you have not received one yet please let Daniel know. **More large and extra-large sizes are available!**

Next Movie Day- Top Gun (1986)

Our last few movie sessions have been very successful having over 10 attending our classic heist movie The Sting on Monday the 27th. Because of this we have decided to keep it going with the hit action flick Top Gun on Monday the 24th of April. Enjoy some free hot buttered popcorn and feel the need... the need for speed on Monday the 24th at 10am!



Tool Register



Want to borrow one of the sheds tools for a project you are working on at home? No worries! Have a look out for the Shed Tool register on the sign in desk, make sure to get it signed off and go wild! Be sure to return it when you are done as well as some pictures of your project to show off with your mates.

Birthday Boys!

A very happy Birthday to the following Shedders!

Arnie Becha 18th

Simon Compton 4th

Douglas Knox 10th

Bryce Marquardt 22nd

Julian Meagher 18th

Ian Nash 30th

David Parker 13th

Georges Sand 7th



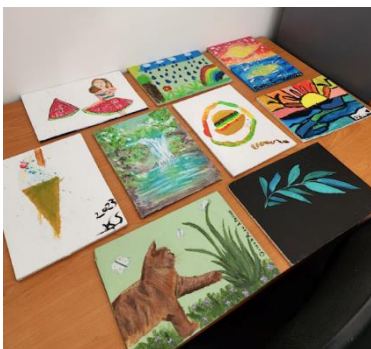
Notting Hill Neighbourhood House

The Notting Hill neighbourhood house recently reached out to the shed to thank us for the work done on their Community Laneways Project. Their message is below.

Hi Monash Men's Shed Team!

The team at Noting Hill Neighbourhood House would like to send a super big thank you to the Monash Men Shed for doing a wonderful job at cutting the blueboards we requested on such short notice!

These boards are for an upcoming project we have called Notting Hill Community Laneways, where we will be transforming a pedestrian pathway (19A Samada St, Notting Hill VIC 3168) into a community art laneway. We plan to hang up artwork done on these boards across the laneway fences.



We had a soft launch event on Saturday which was so lovely and we could not have done it without your help! I have attached a couple of photos from the event we had over the weekend below.

If anyone from the Monash Men Shed is interested in painting on these boards to be hung up at the public laneway, please let us know and we would be more than happy to drop some over to you.

Have an amazing week!

Warm regards, Jen

A big thank you to Maurie and Les for making their project a big success!

Email in your submissions to the newsletter to info@monashshed.org.au

it could be shed related or a photo of something you've made, something significant that has happened in your life or even a joke or fact you would like to share. Anything you like.

We would love to hear from you!

Thank you to our Partners and Supporters



Waverley City



HELPLINES

Emergency Services: 000



24-hour helpline
Free phone 1300 22 4636



Suicide Call Back Service: 1300 659 467

Men's Line: 1300 78 99 78 Veterans Line: 1800 011 046

Men's Referral Service for help to avoid domestic violence: 1300 766 491

Grief Line: 03 9935 7400 12-3pm 7 days Pain Management Line: 1300 340 357

Sane Australia: 1800 18 7263 Mind Australia Carer Helpline: 1300 554 660