



Nut & Bolts
FROM THE SHED

**OPENING HOURS:**

Monday to Saturday 9.30 to 1:30

Closed only on Sundays,

Good Friday, ANZAC, and Christmas Day



Waverley City



Monash Men's Shed Inc. at Bogong Reserve,
1/49-77 Bogong Avenue, Glen Waverley, Victoria, Australia, 3150
Phone 9561 8557

July 2021

Members' Forum

Thursday July 29 is the date set for our next Members' Forum.

It will be held in Bogong Hall starting at 10:30

and will be followed by lunch

This is your opportunity to help shape the direction in which the Men's Shed is travelling as well as taking stock of what we are doing well and also in which areas we would like to see improvement.

We have arranged for Rae Bonney to attend and act as our independent facilitator. Any topics, that you would like raised on the day, can be forwarded to John Gillies before the event. Rae would appreciate knowing in advance, some idea of the topics to be raised. This will enable her to ensure continuity in the flow of proceedings although there will, of course, be the opportunity to raise topics for discussion on the day, itself.

Annual Membership Fee

Yes, it's that time of year again: Time for renewal of our Annual Membership fees. We are aiming to save money on postage this year by asking members to collect the invoices from the Men's Shed before the end of the Month. For those not able to attend during July, the invoice will be posted to you at the beginning of August.

The Annual Membership Fee remains at \$75.

The options for payment are

a) Direct Deposit – our preferred method

Monash Men's Shed, Bendigo Bank A/C No 149 602 831. BSB 63 30 00

- b) Cash, EFTPOS or Credit Card paid in person at the Shed Office
- c) Cheque – our least preferred method

Updating personal contact details

It's been a while since we last got everyone to up-date their personal information that we have on file. We will be grateful if you would let us know if any of the below information has changed. Forms are available next to the sign in sheet at the Shed.

Surname Forename

Preferred name

Mobile phone number

Home phone number

Email address

Emergency Contact Details

Name

Relationship

Phone number

Legal advice

We have had several requests, recently, where Shed Members have asked for details of local firms that we can support when we're seeking legal advice.

One such firm is MST Lawyers.



For assistance with Wills, Powers of Attorney, estates and estate planning and retirement village advice please contact Andrea Olsson, Accredited Specialist in Wills and Estate with the Law Institute of Victoria.

MST Lawyers, 315 Ferntree Gully Road, Mount Waverley, Victoria 3149 Australia

Tel +61 3 8540 0232

Mob +61 455 544 006

Birthdays

July's Birthday boys are:

Gary Aririos

Graham Gordon 10th

Jason Ooi 24th

Stewart Douglas

Clyde Hay 13th

Jeremy Hiscock 29th

Robert Knowles 3rd

Arthur Ingram 19th

Max Fuller 30th

Kenny Yang 9th

Borys Kouzmenko 22nd

We wish you all a very happy birthday and we hope that you can celebrate it in the best way that you possible

All members are encouraged to submit items for the newsletter. It could be Shed related or a photo of something you've made either at the shed or at home. It could also be something significant that has happened in your life that you wish to share.

Thank you to our Partners and Supporters



Waverley City



24-hour helpline

HELPLINES

Emergency Services: 000

Online crisis support chat
Call 13 11 14
[lifeline.org.au](https://www.lifeline.org.au)



Free phone 1300 22 4636
Suicide Call Back Service: 1300 659 467

Men's Line: 1300 78 99 78 Veterans Line: 1800 011 046

Men's Referral Service for help to avoid domestic violence: 1300 766 491

Grief Line: 03 9935 7400 12-3pm 7 days Pain Management Line: 1300 340 357

Sane Australia: 1800 18 7263

Mind Australia Carer Helpline: 1300 554 660